



## 2025-2026 PROGRAM SCHEDULE

### SOUTHDALE

#### Southdale Location Sessions:

- Fall 2025 Session (September 8 - December 16, 2025) 14 weeks
- Winter 2026 Session (January 5 - March 29, 2026) 12 weeks
- Spring 2025 Session (April 6 - June 22, 2026) 11 weeks

#### Classes will not be held on:

- September 30, 2025 (Truth & Reconciliation Day)
- October 12 & 13, 2025 (Thanksgiving)
- November 11, 2025 (Remembrance Day)
- February 16, 2026 (Louis Riel Day)
- May 18, 2026 (Victoria Day)

#### Spring Break Camp:

- Dec 17, 18, 19, 22, 23, 29, 30, 31, 2025
- Jan 2, 2026

#### Winter Break Camp:

- March 30 - 31, 2026
- April 1 - 2, 2026

#### Summer Break Camp:

- June 23 - 30, 2026
- July 2 - 31, 2026
- August 4 - 31, 2026
- September 1 - 4, 2026



## 2025-2026 PROGRAM SCHEDULE

### SOUTHDALE

| MONDAY |                               | Length    |
|--------|-------------------------------|-----------|
| 9:00   | GymKyds Tots (1-3 years)      | 45 min    |
| 10:00  | GymKyds Tots (1-3 years)      | 45 min    |
| 11:00  | Junior Preschool (2-3 years)  | 55 min    |
| 12:30  | Preschool GymKyds (3-5 years) | 1 hour    |
| 1:30   | NinjaKyds! (3-5 years)        | 1 hour    |
| 4:30   | Advanced GymKyds (5 & up)     | 1.5 hours |
| 5:15   | Preschool GymKyds (3-5 years) | 1 hour    |
| 6:15   | GymKyds 1 & 2 (6-12 years)    | 1 hour    |
| 7:15   | GymKyds 1 & 2 (6-12 years)    | 1 hours   |

| TUESDAY |                                   | Length |
|---------|-----------------------------------|--------|
| 9:30    | Junior Preschool (2-3 years)      | 55 min |
| 10:30   | Gymnastics & Sport! (3-5 years)   | 1 hour |
| 12:45   | KynderGym (4-5 years)             | 1 hour |
| 12:45   | HomeSchool Gymnastics (5-7 years) | 1 hour |
| 1:45    | HomeSchool Gymnastics (7 & up)    | 1 hour |
| 4:30    | GymKyds 1 & 2 (5-8 years)         | 1 hour |
| 5:30    | Preschool GymKyds (3-5 years)     | 1 hour |
| 6:30    | GymKyds 1 & 2 (5-8 years)         | 1 hour |
| 7:30    | GymKyds 1 & 2 (6-12 years)        | 1 hour |

| WEDNESDAY |                               | Length    |
|-----------|-------------------------------|-----------|
| 9:00      | GymKyds Tots (1-3 years)      | 45 min    |
| 10:00     | Junior Preschool (2-3 years)  | 55 min    |
| 11:00     | KynderGym (4-5 years)         | 1 hour    |
| 12:30     | NinjaKyds! (3-5 years)        | 1 hour    |
| 1:30      | Preschool GymKyds (3-5 years) | 1 hour    |
| 4:30      | GymKyds 1 & 2 (5-8 years)     | 1 hour    |
| 5:30      | Advanced GymKyds (5 & up)     | 1.5 hours |
| 7:00      | GymKyds 1 & 2 (6-12 years)    | 1 hour    |
| 8:00      | GymKyds Tumblers (8 & up)     | 1 hour    |

| THURSDAY |                                 | Length |
|----------|---------------------------------|--------|
| 9:30     | Preschool GymKyds (3-5 years)   | 1 hour |
| 10:30    | Gymnastics & Sport! (3-5 years) | 1 hour |
| 11:30    | Junior Preschool (2-3 years)    | 55 min |
| 1:00     | KynderGym (4-5 years)           | 1 hour |
| 2:00     | Gymnastics & Sport! (3-5 years) | 1 hour |
| 4:30     | GymKyds 1 & 2 (5-8 years)       | 1 hour |
| 5:30     | Preschool GymKyds (3-5 years)   | 1 hour |
| 6:30     | KynderGym (4-5 years)           | 1 hour |
| 7:30     | GymKyds 1 & 2 (6-12 years)      | 1 hour |

| FRIDAY |                               | Length |
|--------|-------------------------------|--------|
| 9:30   | Preschool GymKyds (3-5 years) | 1 hour |
| 10:30  | GymKyds Tots (1-3 years)      | 45 min |
| 11:15  | NinjaKyds! (3-5 years)        | 1 hour |



## 2025-2026 PROGRAM SCHEDULE SOUTHDALE

| SATURDAY |                               | Length    |
|----------|-------------------------------|-----------|
| 8:30     | Junior Preschool (2-3 years)  | 55 min    |
| 9:30     | GymKyds Tots (1-3 years)      | 45 min    |
| 10:30    | Junior Preschool (2-3 years)  | 55 min    |
| 11:30    | Preschool GymKyds (3-5 years) | 1 hour    |
| 12:30    | GymKyds 1 & 2 (5-8 years)     | 1 hour    |
| 1:30     | GymKyds 1 & 2 (6-12 years)    | 1 hour    |
| 2:30     | Advanced GymKyds (5 & up)     | 1.5 hours |
| 4:00     | Boys Gymnastics (4-9 years)   | 1 hour    |

| SUNDAY |                                 | Length |
|--------|---------------------------------|--------|
| 9:30   | GymKyds Tots (1-3 years)        | 45 min |
| 10:30  | Junior Preschool (2-3 years)    | 55 min |
| 11:30  | Preschool GymKyds (3-5 years)   | 1 hour |
| 12:30  | GymKyds 1 & 2 (5-8 years)       | 1 hour |
| 1:30   | Preschool GymKyds (3-5 years)   | 1 hour |
| 2:30   | GymKyds 1 & 2 (5-8 years)       | 1 hour |
| 5:00   | Flippin' For Autism (4-5 years) | 1 hour |
| 6:00   | Flippin' For Autism (6-9 years) | 1 hour |



## 2025-2026 PROGRAM SCHEDULE

### SOUTHDALE

#### PRICING - Southdale (421 Beaverhill Blvd)

\*Please add a \$35 registration fee per child for your first session of the season. Registration fees last from September-August.

|                          |                           |                        |
|--------------------------|---------------------------|------------------------|
| <b>Fall Session 2025</b> | 45 minute class           | \$285 + GST = \$299.25 |
| (Sept 8 - Dec 16, 2025)  | 55 minute or 1 hour class | \$300 + GST = \$315.00 |
|                          | 1.5 hour class            | \$420 + GST = \$441.00 |

|                            |                           |                        |
|----------------------------|---------------------------|------------------------|
| <b>Winter Session 2026</b> | 45 minute class           | \$270 + GST = \$283.50 |
| (Jan 5 - Mar 29, 2026)     | 55 minute or 1 hour class | \$290 + GST = \$304.50 |
| +\$10 photo fee            | 1.5 hour class            | \$385 + GST = \$404.25 |

|                            |                           |                        |
|----------------------------|---------------------------|------------------------|
| <b>Spring Session 2026</b> | 45 minute class           | \$260 + GST = \$273.00 |
| (Apr 6 - June 22, 2026)    | 55 minute or 1 hour class | \$280 + GST = \$294.00 |
|                            | 1.5 hour class            | \$370 + GST = \$388.50 |

|                    |                          |                          |
|--------------------|--------------------------|--------------------------|
| <b>Camp Prices</b> | <b>Half Day</b>          | <b>Full Day</b>          |
|                    | \$27 + GST = \$28.35/day | \$45 + GST = \$47.25/day |



## 2025-2026 PROGRAM SCHEDULE

### ST JAMES

#### St. James Location Sessions:

- Fall 2025 Session (September 17 - Nov 19, 2025) 10 weeks
- Winter 2026 Session (January 14- March 18, 2026) 10 weeks
- Spring 2026 Session (April 15 - June 17, 2026) 10 weeks

| WEDNESDAYS |                               | Length |
|------------|-------------------------------|--------|
| 4:30       | GymKyds 1 & 2 (5-8 years)     | 1 hour |
| 5:30       | Preschool GymKyds (3-5 years) | 1 hour |
| 6:30       | GymKyds 1 & 2 (6-12 years)    | 1 hour |

#### PRICING - St. James (195 Collegiate St.)

\*Please add a \$35 registration fee per child for your first session of the season. Registration fees last from September-August.

|                                                      |              |                                              |
|------------------------------------------------------|--------------|----------------------------------------------|
| <b>Fall Session 2025</b><br>(Sept 17 - Nov 19, 2025) | 1 hour class | \$210 + GST = \$220.50                       |
| <b>Winter Session 2026</b><br>(Jan 14-Mar 18, 2026)  | 1 hour class | \$210 + GST = \$220.50<br>+\$10.00 photo fee |
| <b>Spring Session 2026</b><br>(Apr 15-June 17, 2026) | 1 hour class | \$210 + GST = \$220.50                       |